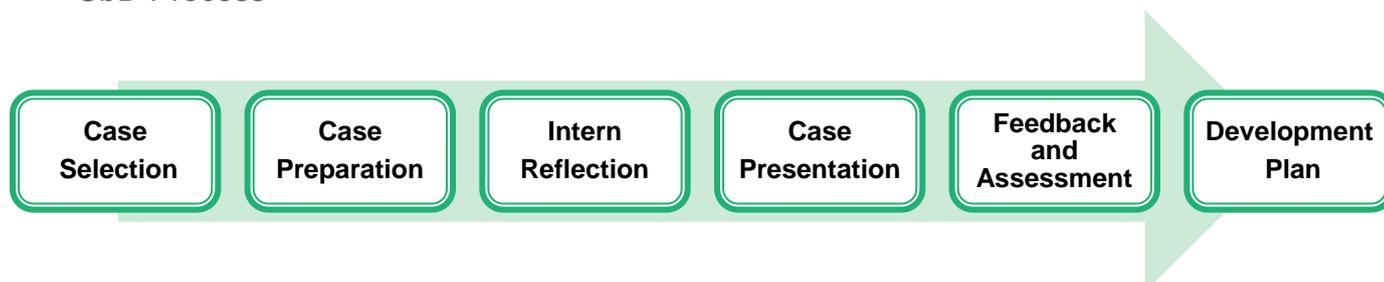


Quick reference guide: Case-based discussions (CbD)

Performance Outcomes to be assessed

- 3.7 assessing current health, medical and medication histories, and profiles of patients
- 3.8 formulating and implementing health, medical and medication management plans in collaboration with patients, carers, and other health team members
- 3.9 formulating and implementing appropriate monitoring of the outcomes of health, medical and medication management plans and adjusting them where appropriate in collaboration with patients, carers, and other health team members
- 3.10 facilitating patient self-management of health through education, intervention, monitoring and health promotion services in order to optimise patient health outcomes and wellbeing, and reduce the risk of complications

CbD Process



Case Selection: Intern and Preceptor select the case. Complexity of the case should be aligned to intern's stage of progress

Case Preparation: Intern gathers information about the case. ISBAR¹ approach is useful for case structure.

Intern Reflection: Intern reflects on the case preparation process.

Case Presentation: Intern presents case to supervisor. Schedule at least 30 minutes for discussion.

Feedback: Feedback should be specific and should promote intern learning and development.

Consider talking about things the intern should KEEP doing, things that they might STOP doing and other things they could START doing

Assessment Rubric: Supervisor assesses Intern using the following rubric:

| | |
|---------------------------|--|
| Meets expectations | Comfortably meets expectations for most or all aspects of the criterion; no major concerns exist with the intern's demonstrated performance |
| Borderline | Meets expectations for some aspects of the criterion but not others; some concerns exist about the intern's demonstrated performance |
| Below expectations | Intern's performance meets expectations in few, if any, aspects of the criterion; major concerns exist about the intern's demonstrated performance |

Expectations are RELATIVE to the current experience and stage of internship; expectations will increase throughout the year and should be discussed and agreed between the intern and supervisor when selecting each case.

Development Plan: Supervisor and Intern work together on a plan to improve intern performance.

¹ Identify-Situation-Background-Assessment-Recommendation (ISBAR).